



## **Lauren Yost**

### **Coaching licenses:**

- **USSF Grassroots Certifications**
- **PIAA Coaching Requirements**

### **Past Playing & Coaching Roles:**

- **Easton HS Girls JV Coach: 2023 - Present**
- **Notre Dame GP JV Coach: 2019**
- **Notre Dame GP Interim Girls Varsity Head Coach: 2019 - 2020**
- **Notre Dame GP Girls Varsity Head Coach: 2021 - 2023**
- **Player at DeSales University: 2013 - 2016**
- **Easton HS Girls Soccer Alum: 2008 - 2012**
- **Former ENCO Player**





## **Quote from Coach:**

**“I coach in hopes to share my love and passion for the game with my players. I want to make a positive impact and a difference in young females athletes lives. As a coach, I want to help young females athletes grow both on and off the field. Coaching isn’t only about teaching them the game, but also about teaching them leadership skills, teamwork, resilience, responsibility, and discipline; all of which are essential components in life. Growing up, many coaches, just like Coach Hall, have made a strong impact on my life and were are reasons why I fell in love with the sport, leading to me wanting to give back. Every practice and game, look forward to watching team growth, as well as individual growth of each player I coach. “**

